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| **Physical Education** | | | | | | | |
| **At St Peter and St Paul, we deliver a curriculum which is accessible to all and maximises the development of every child’s ability and achievement in PE enabling them to know more about physical activity and keeping healthy, remember more about the physical activity they participate in and learn about and understand how to use and apply this knowledge to impact upon their own physical activity, participation and healthy lifestyle.** | | | | | | | |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Year 1 |  |  |  |  |  | C:\Users\tracey peters\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\7576AC31.tmp |
| **We love to run, jump**  **and**  **play cricket**  Fundamental Movement Skills- Running and jumping  Agility  Cricket | **We are great at games**  Throwing  Catching  Co-ordination | **We are dancers and gymnasts**  Movement  Flexibility  Balance  Strength | **We are tennis players**  Racket Skills  Space  Movement  Coordination | **We are great at Multi-Sports and football**  Throwing  Catching  Fundamental skills  Passing  Receiving | **We are great at football and swimming**  Passing  Receiving  Swimming |
| Year 2 |  |  |  | C:\Users\tracey peters\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\7576AC31.tmp |  |  |
| **We love to run and jump**  Fundamental Movement Skills- Running and jumping  Agility | **We are great at games**  Passing  Positioning  Attacking  Defending  Throwing  Catching  Cricket | **We are dancers and gymnasts**  Movement  Flexibility  Balance  Strength | **We are great at tennis and swimming**  Swimming  Racket Skills  Space  Movement  Coordination | **We are great at Multi-Sports and football**  Throwing  Catching  Fundamental skills  Passing  Receiving | **We are fit and athletic**  **To get ready for sports day we focus on:**  Throwing  Running  Sprinting  Passing  Receiving |

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Year 3 |  |  |  |  |  | C:\Users\tracey peters\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\7576AC31.tmp |
| **We are Football players**  Passing  Receiving  Defending  Shooting | **We are great at games**  Football  Throwing  Catching  Passing  Positioning  Attacking  Defending | **We are Dancers and Gymnasts**  Flexibility  Movement  Balance  Strength | **We are Super Athletes**  Fundamental Movement Skills- Running and jumping  Agility | **We are fit and athletic**  To get ready for sports day we focus on:  Throwing  Running  Sprinting | **We love adventures and swimming**  Swimming  Communication  Teamwork  Problem Solving  Decision Making |
| Year 4 |  |  |  |  | C:\Users\tracey peters\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\7576AC31.tmp |  |
| **We are Football Players**  Passing  Receiving  Defending  Shooting | **We are great at games**  Football  Throwing  Catching  Passing  Positioning  Attacking  Defending | **We are Dancers and Gymnasts**  Flexibility  Movement  Balance  Strength | **We are Super Athletes**  Fundamental Movement Skills- Running and jumping  Agility | **We love athletics and swimming**  Swimming  To get ready for sports day we focus on:  Throwing  Running  Sprinting | **Outdoor and Adventure**  Communication  Teamwork  Problem Solving  Decision Making |

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Year 5 | C:\Users\tracey peters\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\7576AC31.tmp |  |  |  |  |  |
| **We love to run, jump and swim**  Fundamental Movement Skills- Running and jumping  Agility  Swimming | **We are great at invasion games and Cricket**  Passing  Receiving  Defending  Shooting  Cricket | **We are Dancers and Footballers**  Passing  Receiving  Defending  Shooting  Flexibility  Movement  Balance  Strength | **We are Football players and Gymnasts**  Passing  Receiving  Defending  Shooting  Flexibility  Movement  Balance  Strength | **We are fit and athletic**  To get ready for sports day we focus on:  Throwing  Running  Sprinting | **Outdoor and adventure**  Communication  Teamwork  Problem Solving  Decision Making |
| Year 6 |  |  | C:\Users\tracey peters\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\7576AC31.tmp |  |  |  |
| **We love to run,**  **jump and play**  **cricket**  Fundamental Movement Skills- Running and jumping  Agility  Cricket | **We are great at invasion games**  Passing  Receiving  Defending  Shooting | **We are Football players and swimmers**  Swimming  Passing  Receiving  Defending  Shooting | **We are Football players and gymnasts**  Passing  Receiving  Defending  Shooting  Flexibility  Movement  Balance  Strength  Swimming | **We love to dance**  Flexibility  Movement  Balance  Strength | **Outdoor and adventure**  Communication  Teamwork  Problem Solving  Decision Making |